



Caring 4 Us

The most common way people
give up their power is by
thinking they don't have any.

Alice Walker

We're very excited to have you here! We hope the following information will help you and your family plan for life's future.

1. Advanced Care Planning

Advance care planning involves learning about the types of decisions that might need to be made, considering those decisions ahead of time, and then letting others know—both your family and your health care providers—about your preferences.

2. Advanced Directive ✨

1990 Patient Self-Determination Act (PSDA) A legal document that states a person's wishes about receiving medical care if that person is no longer able to make medical decisions because of a serious illness or injury.

**Includes person and instructions

3. Definitions to Master

Capacity

Health care surrogate

Living Will

Guardianship

Authorization to consent the health care for a minor - a legal document that allows parents with sole or joint legal custody of a minor (under 18) to authorize another adult to make certain health care decisions for their child or children in their absence.

4. What types of orders and instructions are there in advanced care planning?

Home health care

Hospice- end of life care

Long term living facilities

DNR/DNI

MOLST (feeding tubes, dialysis, ventilator management). Visit www.Molst.org



5. What should you do now?

- Choose your health care surrogate (a person)
- Discuss your wishes and wants with them and family
- Think about desires for your health management
- Write this information down

Helpful Sites!

<http://www.marylandattorneygeneral.gov/Health%20Policy%20Documents/advance.pdf>

Free Advance Directive Form

https://sosnc.gov/forms/by_title/advance_healthcare_directives

FAQs about Healthcare Power of Attorney

<https://www.lawhelp.org/dc/resource/frequently-asked-questions-about-durable-powe>

FAQs about Living Wills

<https://www.lawhelp.org/dc/resource/frequently-asked-questions-about-living-wills?LANG=EN>



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